

Tide Times:

The tide times included in this edition refer to the times of low water at Devonport.

These tables act as a guide only for those wishing to paddle across the Gannel (Newquay) or the Erme. Please be sure to read the warnings given under the relevant section in the Guide. Walkers of the Coast Path are advised not to wade across any of the other estuaries around the route. Walkers should consult the local tide times.

Those crossing the Gannel or Erme should note that there can be considerable differences in height between spring and neap tides; and the information below should be used for general timing guidance only. Again, details are available in tide tables locally.

- Newquay (The Gannel) deduct 30 minutes
- River Erme as at Devonport

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Add 1 hour for British Summer Time from 25th March 2018 to 28th October 2018 and from 31st March 2019 to 27th October 2019

2018

		Low Tide		Low Tide	
		Morning		Afternoon	
Jan-18		Time	Height	Time	Height
1	Monday	1104	0.9	2328	0.8
2	Tuesday	1156	0.7		
3	Wednesday	0019	0.7	1247	0.5
4	Thursday	0107	0.6	1335	0.5
5	Friday	0153	0.7	1421	0.6
6	Saturday	0238	0.8	1505	0.8
7	Sunday	0320	1.1	1549	1.1
8	Monday	0404	1.4	1633	1.5
9	Tuesday	0450	1.7	1723	1.8
10	Wednesday	0544	2.0	1821	2.0
11	Thursday	0650	2.2	1932	2.1
12	Friday	0806	2.1	2043	2.0

2019

		Low Tide		Low Tide	
		Morning		Afternoon	
Jan-19		Time	Height	Time	height
1	Thursday	07 50	2.0	20 29	1.8
2	Wednesday	08 59	1.8	21 29	1.6
3	Thursday	09 56	1.6	22 21	1.5
4	Friday	10 45	1.4	23 07	1.3
5	Saturday	11 30	1.2	23 48	1.2
6	Sunday			12 10	1.2
7	Monday	00 25	1.2	12 47	1.2
8	Tuesday	00 59	1.2	13 20	1.2
9	Wednesday	01 29	1.3	13 50	1.3
10	Thursday	01 57	1.4	14 19	1.5
11	Friday	02 24	1.6	14 47	1.6
12	Saturday	02 52	1.7	15 18	1.7

13	Saturday	0914	2.0	2142	1.8
14	Sunday	1009	1.7	2230	1.6
15	Monday	1054	1.5	2312	1.4
16	Tuesday	1135	1.3	2350	1.3
17	Wednesday			1211	1.2
18	Thursday	0024	1.2	1245	1.2
19	Friday	0056	1.2	1317	1.2
20	Saturday	0126	1.2	1348	1.2
21	Sunday	0156	1.3	1419	1.3
22	Monday	0227	1.4	1451	1.4
23	Tuesday	0302	1.5	1529	1.5
24	Wednesday	0343	1.6	1614	1.7
25	Thursday	0434	1.8	1713	1.9
26	Friday	0544	2.0	1832	2.0
27	Saturday	0715	2.0	1959	1.8
28	Sunday	0840	1.8	2115	1.6
29	Monday	0951	1.4	2220	1.2
30	Tuesday	1052	1.0	2317	0.9
31	Wednesday	1146	0.7		

13	Sunday	03 26	1.9	15 56	1.9
14	Monday	04 10	2.0	16 47	2.0
15	Tuesday	05 11	2.2	17 59	2.1
16	Wednesday	06 34	2.2	1920	2.0
17	Thursday	07 57	2.0	2032	1.8
18	Friday	09 06	1.7	2136	1.5
19	Saturday	10 09	1.4	2235	1.2
20	Sunday	11 06	1.0	2330	0.9
21	Monday	11 59	0.7		
22	Tuesday	00 21	0.7	1250	0.5
23	Wednesday	01 10	0.6	1338	0.4
24	Thursday	01 56	0.5	1423	0.5
25	Friday	02 40	0.7	1507	0.6
26	Saturday	03 22	0.9	15 49	0.9
27	Sunday	04 04	1.2	16 33	1.3
28	Monday	04 50	1.6	17 21	1.7
29	Tuesday	05 44	1.9	18 21	2.0
30	Wednesday	06 54	2.1	19 38	2.1
31	Thursday	08 20	2.1	20 59	2.0

		Low Tide		Low Tide	
		Morning		Afternoon	
Feb-18		Time	Height	Time	Height
1	Thursday	0008	0.6	1237	0.4
2	Friday	0056	0.4	1323	0.3
3	Saturday	0140	0.4	1406	0.3
4	Sunday	0221	0.5	1446	0.5
5	Monday	0259	0.8	1523	0.9
6	Tuesday	0336	1.1	1559	1.3
7	Wednesday	0413	1.5	1638	1.7
8	Thursday	0456	1.9	1724	2.0
9	Friday	0551	2.2	1824	2.3
10	Saturday	0701	2.3	1939	2.3

		Low Tide		Low Tide	
		Morning		Afternoon	
Feb-19		Time	Height	Time	height
1	Friday	09 33	1.9	22 00	1.8
2	Saturday	10 28	1.6	22 50	1.5
3	Sunday	11 14	1.4	23 32	1.3
4	Monday	11 55	1.2		
5	Tuesday	00 10	1.2	12 32	1.1
6	Wednesday	00 44	1.1	13 05	1.1
7	Thursday	01 14	1.1	13 33	1.1
8	Friday	01 40	1.2	13 59	1.2
9	Saturday	02 05	1.3	14 25	1.3
10	Sunday	02 31	1.4	14 52	1.4

11	Sunday	0824	2.2	2100	2.1
12	Monday	0938	1.9	2202	1.8
13	Tuesday	1030	1.6	2249	1.5
14	Wednesday	1113	1.4	2329	1.3
15	Thursday	1152	1.1		
16	Friday	0005	1.1	1228	1.0
17	Saturday	0040	1.0	1301	0.9
18	Sunday	0112	1.0	1333	0.9
19	Monday	0143	1.0	1404	1.0
20	Tuesday	0214	1.0	1435	1.1
21	Wednesday	0246	1.1	1509	1.2
22	Thursday	0323	1.3	1549	1.5
23	Friday	0409	1.6	1641	1.7
24	Saturday	0511	1.9	1754	2.0
25	Sunday	0642	2.0	1933	2.0
26	Monday	0823	1.9	2101	1.7
27	Tuesday	0941	1.4	2210	1.3
28	Wednesday	1042	1.0	2306	0.9

11	Monday	03 01	1.5	15 24	1.5
12	Tuesday	03 37	1.7	16 05	1.7
13	Wednesday	04 25	1.9	17 01	2.0
14	Thursday	05 35	2.1	18 25	2.1
15	Friday	07 14	2.1	19 59	2.0
16	Saturday	08 41	1.8	2116	1.7
17	Sunday	09 53	1.4	2221	1.3
18	Monday	10 54	1.0	2318	0.8
19	Tuesday	11 48	0.6		
20	Wednesday	00 10	0.5	12 38	0.3
21	Thursday	00 57	0.3	13 24	0.1
22	Friday	01 41	0.2	14 06	0.2
23	Saturday	02 22	0.3	14 46	0.4
24	Sunday	03 00	0.6	15 24	0.7
25	Monday	03 38	1.0	16 01	1.2
26	Tuesday	04 16	1.4	16 40	1.6
27	Wednesday	05 02	1.8	17 30	2.1
28	Thursday	06 03	2.2	18 39	2.3

		Low Tide		Low Tide	
		Morning		Afternoon	
Mar-18		Time	Height	Time	Height
1	Thursday	1134	0.6	2355	0.5
2	Friday			1221	0.3
3	Saturday	0040	0.3	1305	0.2
4	Sunday	0122	0.3	1345	0.2
5	Monday	0200	0.4	1421	0.4
6	Tuesday	0234	0.6	1454	0.8
7	Wednesday	0306	1.0	1525	1.2
8	Thursday	0337	1.4	1556	1.6
9	Friday	0413	1.8	1634	2.0
10	Saturday	0502	2.1	1731	2.3
11	Sunday	0612	2.4	1846	2.4

		Low Tide		Low Tide	
		Morning		Afternoon	
Mar-19		Time	Height	Time	height
1	Friday	07 27	2.3	20 18	2.3
2	Saturday	09 10	2.1	21 39	2.0
3	Sunday	10 10	1.7	22 30	1.6
4	Monday	10 55	1.4	23 12	1.3
5	Tuesday	11 35	1.1	23 50	1.1
6	Wednesday			12 11	1.0
7	Thursday	00 23	1.0	12 42	0.9
8	Friday	00 53	1.0	13 10	0.9
9	Saturday	01 19	1.0	13 36	1.0
10	Sunday	01 44	1.0	14 02	1.0
11	Monday	02 10	1.1	14 29	1.2

12	Monday	0731	2.3	2007	2.3
13	Tuesday	0854	2.1	2123	2.0
14	Wednesday	0957	1.7	2217	1.6
15	Thursday	1043	1.3	2301	1.3
16	Friday	1124	1.1	2340	1.0
17	Saturday			1202	0.9
18	Sunday	0017	0.9	1238	0.7
19	Monday	0052	0.8	1313	0.7
20	Tuesday	0126	0.7	1346	0.7
21	Wednesday	0158	0.8	1419	0.8
22	Thursday	0232	0.9	1453	1.1
23	Friday	0309	1.2	1533	1.4
24	Saturday	0354	1.5	1623	1.7
25	Sunday	0456	1.8	1735	2.0
26	Monday	0627	2.0	1917	2.1
27	Tuesday	0814	1.8	2050	1.8
28	Wednesday	0929	1.4	2156	1.3
29	Thursday	1027	0.9	2249	0.9
30	Friday	1116	0.5	2336	0.5
31	Saturday			1201	0.3

12	Tuesday	02 39	1.2	14 59	1.3
13	Wednesday	03 13	1.4	15 37	1.6
14	Thursday	03 58	1.7	16 28	1.9
15	Friday	05 03	2.0	17 48	2.1
16	Saturday	06 46	2.1	19 35	2.1
17	Sunday	08 25	1.8	21 01	1.7
18	Monday	09 40	1.3	22 08	1.2
19	Tuesday	10 40	0.8	23 03	0.8
20	Wednesday	11 32	0.4	23 53	0.4
21	Thursday			12 19	0.1
22	Friday	00 38	0.2	13 03	0.0
23	Saturday	01 21	0.1	13 44	0.1
24	Sunday	01 59	0.2	14 21	0.4
25	Monday	02 36	0.5	14 56	0.7
26	Tuesday	03 10	0.9	15 29	1.2
27	Wednesday	03 46	1.4	16 05	1.7
28	Thursday	04 28	1.8	16 51	2.1
29	Friday	05 25	2.2	17 55	2.4
30	Saturday	06 41	2.4	19 20	2.4
31	Sunday	08 29	2.2	21 02	2.2

		Low Tide		Low Tide	
		Morning		Afternoon	
Apr-18		Time	Height	Time	Height
1	Sunday	0019	0.3	1242	0.2
2	Monday	0059	0.3	1320	0.3
3	Tuesday	0134	0.4	1354	0.5
4	Wednesday	0207	0.7	1424	0.9
5	Thursday	0236	1.0	1451	1.2
6	Friday	0305	1.4	1518	1.6
7	Saturday	0335	1.7	1548	2.0
8	Sunday	0417	2.1	1639	2.3
9	Monday	0528	2.3	1802	2.5

		Low Tide		Low Tide	
		Morning		Afternoon	
Apr-19		Time	Height	Time	height
1	Monday	09 39	1.8	2158	1.8
2	Tuesday	10 24	1.5	2241	1.4
3	Wednesday	11 03	1.2	2319	1.2
4	Thursday	11 39	1.0	2353	1.0
5	Friday			1211	0.9
6	Saturday	00 24	0.9	12 42	0.8
7	Sunday	00 54	0.9	13 11	0.9
8	Monday	01 23	0.9	13 40	0.9
9	Tuesday	01 52	1.0	14 09	1.1

10	Tuesday	0647	2.3	1920	2.4
11	Wednesday	0803	2.1	2033	2.1
12	Thursday	0909	1.7	2134	1.7
13	Friday	1002	1.4	2224	1.3
14	Saturday	1048	1.1	2308	1.0
15	Sunday	1131	0.8	2350	0.8
16	Monday			1211	0.7
17	Tuesday	0029	0.7	1250	0.6
18	Wednesday	0107	0.6	1327	0.6
19	Thursday	0144	0.6	1404	0.8
20	Friday	0221	0.8	1442	1.0
21	Saturday	0302	1.1	1525	1.3
22	Sunday	0350	1.4	1617	1.7
23	Monday	0453	1.7	1729	2.0
24	Tuesday	0621	1.9	1903	2.0
25	Wednesday	0757	1.7	2030	1.8
26	Thursday	0908	1.4	2133	1.4
27	Friday	1004	1.0	2225	1.0
28	Saturday	1052	0.7	2312	0.7
29	Sunday	1135	0.5	2354	0.6
30	Monday			1216	0.5

10	Wednesday	02 23	1.1	14 41	1.3
11	Thursday	02 59	1.3	15 21	1.5
12	Friday	03 45	1.6	16 14	1.9
13	Saturday	04 53	1.9	17 34	2.1
14	Sunday	06 33	2.0	19 19	2.1
15	Monday	08 10	1.7	20 43	1.7
16	Tuesday	09 22	1.3	21 48	1.2
17	Wednesday	10 20	0.8	22 43	0.8
18	Thursday	11 10	0.4	23 31	0.5
19	Friday	11 56	0.2		
20	Saturday	00 15	0.3	12 39	5.6
21	Sunday	00 57	0.2	13 19	0.3
22	Monday	01 37	0.4	13 55	0.5
23	Tuesday	02 10	0.7	14 28	0.9
24	Wednesday	02 44	1.0	15 01	1.3
25	Thursday	03 19	1.4	15 35	1.7
26	Friday	04 00	1.8	22 03	4.5
27	Saturday	04 53	2.2	23 06	4.2
28	Sunday	06 02	2.3	18 34	2.4
29	Monday	07 21	2.2	19 53	2.3
30	Tuesday	08 39	1.9	21 03	1.9

		Low Tide		Low Tide	
		Morning		Afternoon	
May-18		Time	Height	Time	Height
1	Tuesday	0032	0.5	1253	0.6
2	Wednesday	0108	0.6	1326	0.8
3	Thursday	0140	0.8	1355	1.0
4	Friday	0209	1.1	1421	1.3
5	Saturday	0236	1.4	1447	1.6
6	Sunday	0305	1.7	1514	1.9
7	Monday	0342	2.0	1556	2.2
8	Tuesday	0444	2.2	1713	2.4

		Low Tide		Low Tide	
		Morning		Afternoon	
May-19		Time	Height	Time	height
1	Wednesday	09 34	1.6	21 54	1.6
2	Thursday	10 18	1.3	22 37	1.3
3	Friday	10 58	1.1	23 16	1.1
4	Saturday	11 36	0.9	23 53	1.0
5	Sunday			1211	0.9
6	Monday	00 28	0.9	12 47	0.8
7	Tuesday	01 03	0.9	13 21	0.9
8	Wednesday	01 38	0.9	13 56	1.0

9	Wednesday	0603	2.2	1835	2.3
10	Thursday	0715	2.1	1945	2.1
11	Friday	0820	1.8	2048	1.8
12	Saturday	0918	1.4	2143	1.4
13	Sunday	1010	1.1	2233	1.1
14	Monday	1058	0.9	2321	0.8
15	Tuesday	1144	0.7		
16	Wednesday	0005	0.7	1228	0.6
17	Thursday	0049	0.6	1311	0.6
18	Friday	0132	0.6	1353	0.7
19	Saturday	0215	0.7	1436	0.9
20	Sunday	0300	1.0	1522	1.2
21	Monday	0351	1.3	1616	1.6
22	Tuesday	0451	1.5	1720	1.8
23	Wednesday	0605	1.7	1838	1.9
24	Thursday	0726	1.7	1956	1.8
25	Friday	0836	1.5	2101	1.5
26	Saturday	0933	1.2	2156	1.2
27	Sunday	1023	1.0	2244	1.0
28	Monday	1108	0.9	2327	0.9
29	Tuesday	1149	0.8		
30	Wednesday	0007	0.9	1226	0.9
31	Thursday	0043	0.9	1259	1.0

9	Thursday	02 14	1.1	14 33	1.2
10	Friday	02 55	1.3	15 17	1.5
11	Saturday	03 46	1.5	16 14	1.8
12	Sunday	04 54	1.8	17 29	2.0
13	Monday	06 21	1.8	18 59	1.9
14	Tuesday	07 47	1.6	20 18	1.7
15	Wednesday	08 56	1.3	21 22	1.3
16	Thursday	09 54	0.9	22 17	1.0
17	Friday	10 45	0.7	23 06	0.7
18	Saturday	11 31	0.5	23 51	0.6
19	Sunday			12 14	0.5
20	Monday	00 33	0.5	12 54	0.6
21	Tuesday	01 12	0.7	13 30	0.8
22	Wednesday	01 48	0.9	14 04	1.1
23	Thursday	02 22	1.1	14 37	1.4
24	Friday	02 57	1.5	15 11	1.7
25	Saturday	03 35	1.8	15 50	2.0
26	Sunday	04 22	2.0	16 42	2.2
27	Monday	05 22	2.2	17 47	2.3
28	Tuesday	06 28	2.2	18 56	2.3
29	Wednesday	07 34	2.0	20 01	2.1
30	Thursday	08 34	1.8	21 00	1.8
31	Friday	09 27	1.5	21 51	1.5

		Low Tide		Low Tide	
		Morning		Afternoon	
Jun-18		Time	Height	Time	Height
1	Friday	0115	1.0	1329	1.2
2	Saturday	0145	1.2	1357	1.4
3	Sunday	0214	1.4	1424	1.6
4	Monday	0244	1.6	1453	1.8
5	Tuesday	0318	1.8	1531	2.0
6	Wednesday	0405	1.9	1625	2.1

		Low Tide		Low Tide	
		Morning		Afternoon	
Jun-19		Time	Height	Time	height
1	Saturday	10 15	1.3	22 38	1.3
2	Sunday	11 00	1.1	23 22	1.0
3	Monday	11 43	0.9		
4	Tuesday	00 05	0.9	12 26	0.9
5	Wednesday	00 47	0.8	13 07	0.9
6	Thursday	01 29	0.8	13 49	1.0

7	Thursday	0511	2.0	1740	2.2
8	Friday	0625	2.0	1855	2.1
9	Saturday	0733	1.8	2002	1.9
10	Sunday	0835	1.5	2104	1.5
11	Monday	0933	1.3	2201	1.2
12	Tuesday	1028	1.0	2254	0.9
13	Wednesday	1119	0.8	2345	0.7
14	Thursday			1209	0.7
15	Friday	0034	0.6	1257	0.6
16	Saturday	0122	0.5	1344	0.7
17	Sunday	0210	0.6	1431	0.8
18	Monday	0257	0.8	1518	1.0
19	Tuesday	0346	1.0	1607	1.3
20	Wednesday	0439	1.3	1701	1.6
21	Thursday	0537	1.5	1803	1.8
22	Friday	0644	1.7	1912	1.8
23	Saturday	0754	1.7	2021	1.8
24	Sunday	0857	1.6	2122	1.6
25	Monday	0952	1.4	2215	1.4
26	Tuesday	1040	1.3	2301	1.2
27	Wednesday	1123	1.2	2343	1.1
28	Thursday			1202	1.1
29	Friday	0021	1.1	1237	1.2
30	Saturday	0055	1.1	1309	1.2

7	Friday	02 13	0.9	14 33	1.1
8	Saturday	02 59	1.1	15 20	1.3
9	Sunday	03 51	1.3	16 14	1.5
10	Monday	04 50	1.5	17 18	1.7
11	Tuesday	06 00	1.6	18 30	1.8
12	Wednesday	07 15	1.6	19 45	1.7
13	Thursday	08 24	1.4	20 52	1.5
14	Friday	09 25	1.2	21 50	1.3
15	Saturday	10 19	1.1	22 42	1.1
16	Sunday	11 07	0.9	2329	0.9
17	Monday	11 51	0.9		
18	Tuesday	00 12	0.9	12 32	0.9
19	Wednesday	00 52	0.9	13 10	1.0
20	Thursday	01 29	1.0	13 44	1.2
21	Friday	02 04	1.2	14 17	1.4
22	Saturday	02 37	1.4	14 48	1.6
23	Sunday	03 11	1.6	15 22	1.8
24	Monday	03 48	1.8	16 01	2.0
25	Tuesday	04 33	2.0	16 52	2.1
26	Wednesday	05 31	2.0	17 57	2.2
27	Thursday	06 36	2.0	19 06	2.1
28	Friday	07 40	1.9	20 10	1.9
29	Saturday	08 41	1.7	21 09	1.7
30	Sunday	09 37	1.4	22 04	1.4

		Low Tide		Low Tide	
		Morning		Afternoon	
Jul-18		Time	Height	Time	Height
1	Sunday	0127	1.2	1338	1.3
2	Monday	0156	1.3	1407	1.5
3	Tuesday	0226	1.4	1436	1.6
4	Wednesday	0258	1.5	1509	1.7
5	Thursday	0335	1.7	1550	1.8

		Low Tide		Low Tide	
		Morning		Afternoon	
Jul-19		Time	Height	Time	height
1	Monday	10 30	1.2	22 57	1.1
2	Tuesday	11 20	1.0	23 47	0.9
3	Wednesday			12 09	0.9
4	Thursday	00 35	0.8	12 58	0.8
5	Friday	01 24	0.7	13 44	0.8

6	Friday	0423	1.8	1645	2.0
7	Saturday	0526	1.9	1757	2.0
8	Sunday	0642	1.8	1916	1.9
9	Monday	0755	1.7	2028	1.7
10	Tuesday	0902	1.4	2133	1.4
11	Wednesday	1003	1.2	2233	1.1
12	Thursday	1101	0.9	2330	0.8
13	Friday	1155	0.7		
14	Saturday	0022	0.5	1246	0.6
15	Sunday	0113	0.4	1335	0.5
16	Monday	0201	0.4	1421	0.6
17	Tuesday	0247	0.5	1505	0.8
18	Wednesday	0331	0.8	1548	1.0
19	Thursday	0415	1.1	1633	1.4
20	Friday	0502	1.4	1723	1.7
21	Saturday	0556	1.7	1822	1.9
22	Sunday	0700	1.9	1932	2.0
23	Monday	0813	1.9	2045	1.9
24	Tuesday	0920	1.8	2147	1.7
25	Wednesday	1014	1.6	2238	1.5
26	Thursday	1100	1.4	2322	1.3
27	Friday	1141	1.3		
28	Saturday	0001	1.2	1218	1.2
29	Sunday	0037	1.1	1250	1.2
30	Monday	0109	1.1	1320	1.2
31	Tuesday	0138	1.2	1349	1.3

6	Saturday	02 11	0.7	14 30	0.9
7	Sunday	02 57	0.8	15 17	1.0
8	Monday	03 45	1.0	16 04	1.2
9	Tuesday	04 35	1.2	16 56	1.5
10	Wednesday	05 31	1.4	17 56	1.7
11	Thursday	06 35	1.6	19 05	1.8
12	Friday	07 47	1.7	20 18	1.8
13	Saturday	08 56	1.6	21 24	1.6
14	Sunday	09 55	1.5	22 21	1.4
15	Monday	10 47	1.3	23 11	1.2
16	Tuesday	11 33	1.2	23 56	1.1
17	Wednesday			12 15	1.1
18	Thursday	00 36	1.0	12 53	1.1
19	Friday	01 13	1.1	13 27	1.2
20	Saturday	01 46	1.2	13 57	1.3
21	Sunday	02 16	1.3	14 25	1.4
22	Monday	02 44	1.4	14 52	1.6
23	Tuesday	03 12	1.6	15 20	1.7
24	Wednesday	03 43	1.7	15 56	1.9
25	Thursday	04 25	1.9	16 46	2.1
26	Friday	05 26	2.0	18 00	2.2
27	Saturday	06 45	2.0	19 23	2.1
28	Sunday	08 00	1.9	20 35	1.9
29	Monday	09 06	1.6	21 39	1.5
30	Tuesday	10 07	1.4	22 38	1.2
31	Wednesday	11 04	1.1	23 33	0.9

		Low Tide		Low Tide	
		Morning		Afternoon	
Aug-18		Time	Height	Time	Height
1	Wednesday	0207	1.2	1417	1.4
2	Thursday	0236	1.3	1447	1.5
3	Friday	0309	1.4	1523	1.6

		Low Tide		Low Tide	
		Morning		Afternoon	
Aug-19		Time	Height	Time	height
1	Thursday	11 57	0.8		
2	Friday	00 25	0.6	12 47	0.6
3	Saturday	01 14	0.4	13 35	0.5

4	Saturday	0348	1.6	1607	1.8
5	Sunday	0439	1.8	1707	1.9
6	Monday	0549	1.9	1832	2.0
7	Tuesday	0718	1.9	2000	1.9
8	Wednesday	0838	1.7	2115	1.5
9	Thursday	0947	1.4	2220	1.1
10	Friday	1048	1.0	2318	0.8
11	Saturday	1143	0.7		
12	Sunday	0011	0.5	1234	0.5
13	Monday	0100	0.3	1320	0.4
14	Tuesday	0145	0.2	1404	0.4
15	Wednesday	0227	0.4	1444	0.6
16	Thursday	0307	0.7	1522	0.9
17	Friday	0345	1.0	1600	1.3
18	Saturday	0423	1.5	1642	1.7
19	Sunday	0507	1.9	1733	2.1
20	Monday	0604	2.2	1840	2.3
21	Tuesday	0719	2.3	2003	2.3
22	Wednesday	0845	2.2	2121	2.0
23	Thursday	0949	1.9	2216	1.7
24	Friday	1037	1.6	2300	1.4
25	Saturday	1118	1.3	2339	1.2
26	Sunday	1155	1.2		
27	Monday	0014	1.1	1229	1.1
28	Tuesday	0046	1.0	1259	1.1
29	Wednesday	0116	1.0	1328	1.1
30	Thursday	0145	1.0	1357	1.2
31	Friday	0214	1.1	1426	1.3

4	Sunday	02 01	0.4	14 19	0.5
5	Monday	02 45	0.5	15 02	0.7
6	Tuesday	03 27	0.7	15 44	1.0
7	Wednesday	04 10	1.1	16 28	1.3
8	Thursday	04 56	1.4	17 19	1.7
9	Friday	05 52	1.8	18 22	2.0
10	Saturday	07 03	2.0	19 43	2.1
11	Sunday	08 28	2.0	21 05	1.9
12	Monday	09 38	1.8	22 07	1.7
13	Tuesday	10 32	1.6	22 57	1.4
14	Wednesday	11 18	1.3	23 41	1.2
15	Thursday	11 59	1.2		
16	Friday	00 20	1.0	12 36	1.1
17	Saturday	00 55	1.0	13 08	1.1
18	Sunday	01 25	1.0	13 35	1.2
19	Monday	01 51	1.1	13 59	1.3
20	Tuesday	02 14	1.3	14 22	1.4
21	Wednesday	02 38	1.4	14 47	1.5
22	Thursday	03 05	1.5	15 18	1.7
23	Friday	03 40	1.7	15 59	1.9
24	Saturday	04 28	2.0	16 59	2.2
25	Sunday	05 44	2.2	18 39	2.2
26	Monday	07 26	2.1	20 09	2.0
27	Tuesday	08 44	1.8	21 21	1.6
28	Wednesday	09 51	1.4	22 24	1.2
29	Thursday	10 50	1.0	23 20	0.7
30	Friday	11 43	0.7		
31	Saturday	00 10	0.4	12 32	0.4

		Low Tide		Low Tide	
		Morning		Afternoon	
Sep-18		Time	Height	Time	Height
1	Saturday	0245	1.3	1459	1.4

		Low Tide		Low Tide	
		Morning		Afternoon	
Sep-19		Time	Height	Time	height
1	Sunday	00 58	0.2	13 18	0.3

2	Sunday	0321	1.5	1540	1.7
3	Monday	0407	1.8	1635	1.9
4	Tuesday	0512	2.0	1800	2.1
5	Wednesday	0652	2.1	1944	2.0
6	Thursday	0825	1.9	2106	1.6
7	Friday	0937	1.5	2210	1.2
8	Saturday	1037	1.0	2306	0.7
9	Sunday	1129	0.7	2355	0.4
10	Monday			1216	0.4
11	Tuesday	0041	0.2	1300	0.3
12	Wednesday	0123	0.2	1341	0.4
13	Thursday	0202	0.4	1418	0.6
14	Friday	0238	0.7	1452	0.9
15	Saturday	0310	1.1	1526	1.4
16	Sunday	0343	1.6	1602	1.8
17	Monday	0421	2.0	1649	2.2
18	Tuesday	0515	2.4	1755	2.5
19	Wednesday	0630	2.5	1918	2.5
20	Thursday	0800	2.4	2048	2.2
21	Friday	0918	2.1	2147	1.8
22	Saturday	1008	1.7	2230	1.5
23	Sunday	1049	1.4	2309	1.2
24	Monday	1126	1.2	2344	1.0
25	Tuesday			1201	1.0
26	Wednesday	0018	0.9	1234	1.0
27	Thursday	0051	0.9	1306	1.0
28	Friday	0122	0.9	1336	1.0
29	Saturday	0153	1.0	1408	1.1
30	Sunday	0225	1.2	1442	1.3

2	Monday	01 42	0.2	14 00	0.3
3	Tuesday	02 23	0.3	14 40	0.5
4	Wednesday	03 02	0.7	15 19	0.9
5	Thursday	03 40	1.1	15 58	1.3
6	Friday	04 20	1.6	16 43	1.8
7	Saturday	05 09	2.0	17 42	2.2
8	Sunday	06 17	2.3	19 07	2.4
9	Monday	08 02	2.4	20 50	2.2
10	Tuesday	09 22	2.1	21 52	1.8
11	Wednesday	10 14	1.7	2238	1.5
12	Thursday	10 57	1.4	2319	1.2
13	Friday	11 36	1.2	2356	1.0
14	Saturday			12 11	1.1
15	Sunday	00 28	1.2	12 42	1.0
16	Monday	00 57	1.0	13 08	1.1
17	Tuesday	01 21	1.1	13 31	1.2
18	Wednesday	01 45	1.2	13 54	1.3
19	Thursday	02 08	1.3	14 19	1.4
20	Friday	02 35	1.5	14 50	1.6
21	Saturday	03 09	1.7	15 29	1.9
22	Sunday	03 54	2.0	16 26	2.2
23	Monday	05 04	2.3	18 07	2.3
24	Tuesday	07 01	2.3	19 52	2.1
25	Wednesday	08 29	2.0	21 07	1.6
26	Thursday	09 37	1.5	22 09	1.1
27	Friday	10 34	1.0	23 02	0.7
28	Saturday	11 25	0.6	23 51	0.3
29	Sunday			12 12	0.4
30	Monday	00 36	0.2	12 56	0.3

		Low Tide		Low Tide	
		Morning		Afternoon	
Oct-18		Time	Height	Time	Height

		Low Tide		Low Tide	
		Morning		Afternoon	
Oct-19		Time	Height	Time	height

1	Monday	0301	1.5	1523	1.6
2	Tuesday	0347	1.8	1619	2.0
3	Wednesday	0453	2.2	1746	2.2
4	Thursday	0638	2.3	1936	2.1
5	Friday	0816	2.0	2056	1.6
6	Saturday	0925	1.5	2156	1.1
7	Sunday	1021	1.1	2248	0.7
8	Monday	1110	0.7	2334	0.5
9	Tuesday	1155	0.5		
10	Wednesday	0017	0.3	1237	0.4
11	Thursday	0058	0.4	1315	0.5
12	Friday	0134	0.6	1350	0.7
13	Saturday	0207	0.9	1422	1.1
14	Sunday	0236	1.3	1453	1.5
15	Monday	0305	1.7	1526	1.9
16	Tuesday	0336	2.1	1608	2.2
17	Wednesday	0424	2.5	1713	2.5
18	Thursday	0544	2.7	1833	2.6
19	Friday	0708	2.6	1954	2.3
20	Saturday	0827	2.3	2100	2.0
21	Sunday	0924	1.9	2149	1.6
22	Monday	1010	1.5	2231	1.3
23	Tuesday	1051	1.3	2310	1.1
24	Wednesday	1130	1.1	2348	0.9
25	Thursday			1207	0.9
26	Friday	0025	0.9	1244	0.9
27	Saturday	0101	0.9	1319	0.9
28	Sunday	0136	1.0	1355	1.1
29	Monday	0212	1.2	1433	1.3
30	Tuesday	0251	1.5	1518	1.6
31	Wednesday	0340	1.9	1617	1.9

Low Tide	Low Tide
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1	Tuesday	01 19	0.2	13 37	0.3
2	Wednesday	01 58	0.4	14 15	0.6
3	Thursday	02 35	0.8	14 52	1.0
4	Friday	03 10	1.2	15 29	1.4
5	Saturday	03 47	1.7	16 12	1.9
6	Sunday	04 32	2.2	17 08	2.3
7	Monday	05 38	2.5	18 28	2.5
8	Tuesday	07 17	2.6	20 23	2.3
9	Wednesday	08 54	2.3	21 24	1.9
10	Thursday	09 45	1.9	22 09	1.6
11	Friday	10 27	1.5	22 48	1.3
12	Saturday	11 05	1.3	23 23	1.1
13	Sunday	11 39	1.1	23 55	1.0
14	Monday			12 10	1.1
15	Tuesday	00 24	1.0	12 38	1.1
16	Wednesday	00 51	1.1	13 05	1.1
17	Thursday	01 18	1.1	13 31	1.2
18	Friday	01 45	1.3	13 59	1.4
19	Saturday	02 14	1.5	14 32	1.6
20	Sunday	02 49	1.7	15 13	1.8
21	Monday	03 36	2.0	16 12	2.1
22	Tuesday	04 48	2.3	17 52	2.3
23	Wednesday	06 41	2.4	19 35	2.1
24	Thursday	80 11	2.0	20 49	1.6
25	Friday	09 17	1.5	21 48	1.1
26	Saturday	10 13	1.1	22 40	0.7
27	Sunday	11 03	0.7	23 28	0.5
28	Monday	11 49	0.5		
29	Tuesday	00 12	0.4	12 32	0.4
30	Wednesday	00 54	0.4	13 13	0.5
31	Thursday	01 32	0.6	13 51	0.8

Low Tide	Low Tide
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		Morning		Afternoon	
Nov-18		Time	Height	Time	Height
1	Thursday	0448	2.2	1741	2.1
2	Friday	0624	2.3	1920	2.0
3	Saturday	0757	2.0	2036	1.6
4	Sunday	0904	1.6	2135	1.2
5	Monday	0958	1.2	2225	0.9
6	Tuesday	1046	0.9	2310	0.7
7	Wednesday	1131	0.7	2352	0.6
8	Thursday			1211	0.7
9	Friday	0031	0.7	1249	0.8
10	Saturday	0106	0.9	1324	0.9
11	Sunday	0138	1.1	1356	1.2
12	Monday	0207	1.4	1426	1.5
13	Tuesday	0234	1.7	1457	1.8
14	Wednesday	0302	2.1	1533	2.1
15	Thursday	0340	2.3	1629	2.4
16	Friday	0450	2.6	1744	2.5
17	Saturday	0615	2.6	1859	2.4
18	Sunday	0729	2.4	2004	2.1
19	Monday	0832	2.1	2101	1.7
20	Tuesday	0926	1.7	2150	1.4
21	Wednesday	1014	1.4	2236	1.2
22	Thursday	1059	1.2	2320	1.0
23	Friday	1142	1.0		
24	Saturday	0002	0.9	1225	0.9
25	Sunday	0043	0.9	1306	0.9
26	Monday	0124	1.0	1348	1.0
27	Tuesday	0206	1.1	1432	1.2
28	Wednesday	0250	1.4	1521	1.4
29	Thursday	0341	1.7	1618	1.7
30	Friday	0443	1.9	1728	1.9

		Morning		Afternoon	
Nov-19		Time	Height	Time	height
1	Friday	02 08	1.0	14 27	1.1
2	Saturday	02 42	1.4	15 04	1.5
3	Sunday	03 18	1.8	15 45	2.0
4	Monday	04 01	2.3	16 38	2.3
5	Tuesday	05 01	2.6	17 47	2.5
6	Wednesday	06 19	2.7	19 14	2.4
7	Thursday	07 52	2.5	20 34	2.1
8	Friday	08 58	2.1	21 24	1.8
9	Saturday	09 45	1.8	22 05	1.5
10	Sunday	10 25	1.5	22 43	1.3
11	Monday	11 02	1.3	23 18	1.2
12	Tuesday	11 36	1.2	23 52	1.1
13	Wednesday			12 10	1.1
14	Thursday	00 24	1.1	12 43	1.1
15	Friday	00 57	1.1	13 15	1.2
16	Saturday	01 29	1.3	13 49	1.3
17	Sunday	02 04	1.4	14 27	1.5
18	Monday	02 44	1.7	15 13	1.7
19	Tuesday	03 34	2.0	16 14	2.0
20	Wednesday	04 44	2.2	17 38	2.1
21	Thursday	06 17	2.2	19 09	2.0
22	Friday	07 43	2.0	20 22	1.6
23	Saturday	08 51	1.6	21 23	1.3
24	Sunday	09 48	1.2	22 16	1.0
25	Monday	10 39	0.9	23 04	0.8
26	Tuesday	11 26	0.8	23 48	0.7
27	Wednesday			12 10	0.7
28	Thursday	00 30	0.7	12 52	0.8
29	Friday	01 10	0.9	13 31	1.0
30	Saturday	01 46	1.2	14 08	1.2

		Low Tide		Low Tide	
		Morning		Afternoon	
Dec-18		Time	Height	Time	Height
1	Saturday	0600	2.1	1850	1.9
2	Sunday	0723	2.0	2004	1.7
3	Monday	0833	1.8	2106	1.5
4	Tuesday	0931	1.5	2158	1.2
5	Wednesday	1021	1.2	2245	1.1
6	Thursday	1107	1.1	2328	1.0
7	Friday	1148	1.0		
8	Saturday	0007	1.0	1227	1.0
9	Sunday	0043	1.1	1303	1.1
10	Monday	0115	1.2	1335	1.3
11	Tuesday	0145	1.4	1406	1.5
12	Wednesday	0213	1.6	1436	1.7
13	Thursday	0241	1.9	1509	1.9
14	Friday	0313	2.1	1548	2.1
15	Saturday	0358	2.3	1644	2.2
16	Sunday	0505	2.4	1757	2.3
17	Monday	0626	2.4	1908	2.2
18	Tuesday	0738	2.2	2012	1.9
19	Wednesday	0841	1.9	2110	1.6
20	Thursday	0938	1.6	2204	1.3
21	Friday	1031	1.3	2254	1.1
22	Saturday	1121	1.0	2343	0.9
23	Sunday			1210	0.8
24	Monday	0030	0.8	1258	0.8
25	Tuesday	0117	0.8	1345	0.8
26	Wednesday	0203	0.9	1432	0.9
27	Thursday	0249	1.1	1519	1.1
28	Friday	0336	1.3	1609	1.3
29	Saturday	0427	1.6	1703	1.6
30	Sunday	0525	1.8	1806	1.8

		Low Tide		Low Tide	
		Morning		Afternoon	
Dec-19		Time	Height	Time	height
1	Sunday	02 21	1.5	14 45	1.5
2	Monday	02 56	1.8	15 23	1.8
3	Tuesday	03 34	2.1	16 08	2.1
4	Wednesday	04 23	2.4	17 04	2.3
5	Thursday	05 25	2.5	18 09	2.4
6	Friday	06 37	2.5	19 17	2.3
7	Saturday	07 47	2.3	20 20	2.0
8	Sunday	08 47	2.1	21 13	1.8
9	Monday	09 38	1.8	21 59	1.5
10	Tuesday	10 23	1.5	22 42	1.3
11	Wednesday	11 05	1.3	23 23	1.2
12	Thursday	11 46	1.2		
13	Friday	00 03	1.1	12 27	1.1
14	Saturday	00 43	1.1	13 07	1.1
15	Sunday	01 23	1.2	13 48	1.2
16	Monday	02 04	1.3	14 31	1.3
17	Tuesday	02 48	1.4	15 19	1.4
18	Wednesday	03 37	1.6	16 13	1.6
19	Thursday	04 35	1.8	17 17	1.8
20	Friday	05 45	2.0	18 31	1.8
21	Saturday	07 03	2.0	19 46	1.7
22	Sunday	08 17	1.8	20 53	1.5
23	Monday	09 21	1.5	21 51	1.3
24	Tuesday	10 17	1.3	22 43	1.1
25	Wednesday	11 07	1.1	23 29	1.0
26	Thursday	11 53	1.0		
27	Friday	00 13	1.0	12 36	1.0
28	Saturday	00 53	1.1	13 16	1.0
29	Sunday	01 30	1.2	13 53	1.2
30	Monday	02 05	1.4	14 28	1.4

31	Monday	0634	2.0	1918	1.9
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31	Tuesday	02 37	1.6	15 02	1.6
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